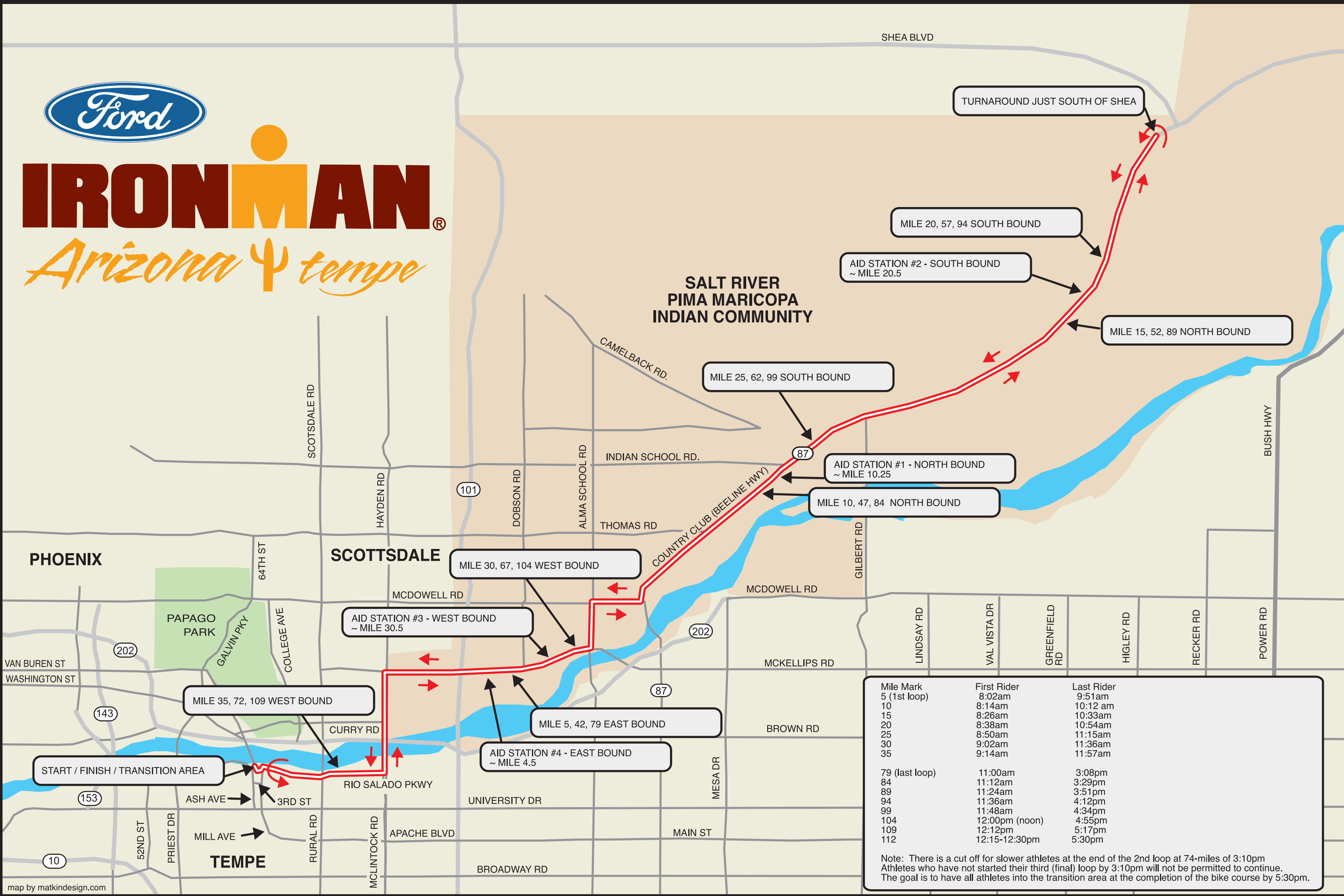




# IRONMAN<sup>®</sup>

Arizona & Tempe



Mile Mark	First Rider	Last Rider
5 (1st loop)	8:02am	9:51am
10	8:14am	10:12 am
15	8:26am	10:33am
20	8:38am	10:54am
25	8:50am	11:15am
30	9:02am	11:36am
35	9:14am	11:57am
79 (last loop)	11:00am	3:08pm
84	11:12am	3:29pm
89	11:24am	3:51pm
94	11:36am	4:12pm
99	11:48am	4:34pm
104	12:00pm (noon)	4:55pm
109	12:12pm	5:17pm
112	12:15-12:30pm	5:30pm

Note: There is a cut off for slower athletes at the end of the 2nd loop at 74-miles of 3:10pm. Athletes who have not started their third (final) loop by 3:10pm will not be permitted to continue. The goal is to have all athletes into the transition area at the completion of the bike course by 5:30pm.